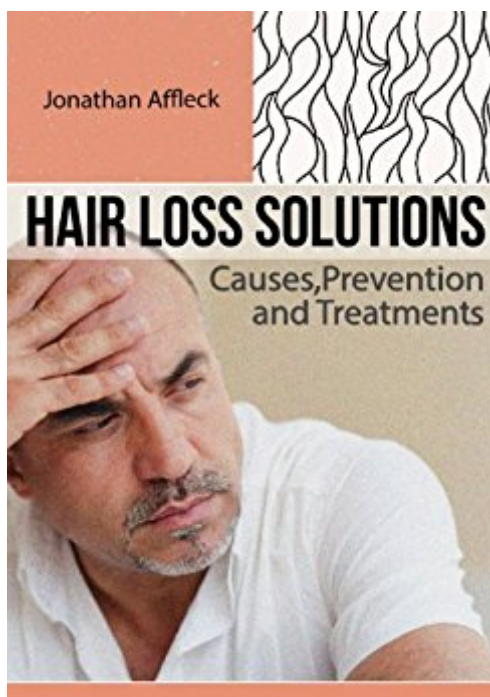


The book was found

Hair Loss Solutions: Causes, Prevention And Treatments



Synopsis

The Most Comprehensive Guide to Your Hair Loss Treatment, Restoration, and Prevention Options

Hundreds of millions of people all over the world are suffering from alopecia. Hair loss can occur in many ways and varies greatly from person to person. Thinning hair, a receding hairline, bald spots and excessive shedding are all effects of hair loss, which can be caused by factors like age, disease and genetic disposition. Loss of hair makes you feel much older than your actual age and for some, hair loss leads to loss of self esteem and confidence. It's important to know that most hair loss is progress. If you don't do something about it, you'll continue to lose more and more hair over time. Successful treatment of alopecia is only possible if you know the actual cause of the problem. By understanding your unique situation, you will be able to identify the best hair treatment options for your condition. What matters now is focusing on your goals, identifying what you need to get there, and taking action to begin the process. Your hair deserves better treatment, so stand strong, believe in yourself, and let your treatment effort begin now! This book offers various treatment and care options from natural to medicated and surgical treatments.

Table of Contents

1. Introduction
2. Hair Loss: A Primer
3. Major Causes of Hair Loss
 - 3.1 Genetics
 - 3.2 Age
 - 3.3 Hormone Effect
 - 3.4 Common Diseases That Cause Hair Loss
4. How to Cope with Hair Thinning
5. Different Types and Patterns of Hair Loss
6. How to Keep Your Hair Healthy
7. Covering and Concealing Your Hair Loss
 - 7.1 Toupee or not Toupee - Know All About Toupees
 - 7.2 Hair Replacement Systems
 - 7.3 Concealing Hair Loss Effectively with Hair Fibers and Powders
8. Hair Treatment and Care Options
 - 8.1 Managing Hair Loss and Thinning with Lifestyle Changes
 - 8.2 The Relationship Between a Poor Diet and Hair Loss
 - 8.3 Supplements for Hair Loss Treatment
 - 8.4 Hair Laser Therapeutic Treatment
 - 8.5 Topical Treatments
 - 8.6 Hair Loss Shampoo Guidelines
9. Slowing Down Hair Loss
 - 9.1 How to Prevent or Reduce Hair Loss
 - 9.2 Hair Loss Diet Supplements
 - 9.3 Top Prescription Medications for Hair Loss
 - 9.4 A Look at Low-Level Laser Therapy
 - 9.5 Topical Hair Loss Treatment Varieties
10. Natural Hair Loss Treatments
 - 10.1 Natural Hair Loss Treatment Tips for Women
 - 10.2 Learn How to Handle Stress the Best Way
 - 10.3 How Quality of Sleep Contributes to Hair Loss
 - 10.4 Does Exercise Aid In Hair Loss Prevention?
 - 10.5 How To Eat A Clean Diet
 - 10.6 Benefits of Proteins for Healthy Hair Growth
 - 10.7 Learn How to Eat Fresh
 - 10.8 Useful Detox Diet Tips
 - 10.9 Vitamins, Minerals and Specials Nutrition for Better Hair Growth
 - 10.10 Scalp Massage and Cleansing
11. Medicated Treatments for Hair Loss
 - 11.1 Minoxidil Topical Treatment
 - 11.2 Aldactone/Spironolactone Treatment
 - 11.3 Tagamet/Cimetidine Treatment
 - 11.4 Cyproterone Acetate Treatment
 - 11.5 Estrogen/Progesterone Treatment
 - 11.6 Oral Contraceptives
 - 11.7 Nizoral Treatment for Female Hair Loss
 - 11.8 Propecia Vs Proscar Treatment for Male Pattern Hair Loss
 - 11.9 Cyproterone Acetate with

Ethinylestradiol
12. Natural Remedies for Hair Loss
12.1 Multivitamin Supplements for Hair Growth
12.2 Herbal Remedies
12.3 Coconut Oil Treatment
12.4 Saw Palmetto
12.5 Aloe Treatment
12.6 Arnica
12.7 Jojoba Oil
12.8 Emu Oil
12.9 Licorice Herbal Remedy
12.10 Sage for hair growth
12.11 Sunflower Oil
12.12 Rosemary
12.13 Ginko Biloba
12.14 Cider Vinegar
13. Surgical Treatments
13.1 Hair Transplant Surgery Procedure
13.2 Recovery Process
13.3 Caring for Your Hair After Surgery

Book Information

File Size: 2146 KB

Print Length: 134 pages

Publication Date: October 30, 2013

Sold by: Digital Services LLC

Language: English

ASIN: B00GCQATOI

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #899,660 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #17

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Men's Health > Hair Loss #24 in Books > Health, Fitness & Dieting > Men's Health > Hair Loss #30 in Kindle Store > Kindle eBooks > Medical eBooks > Basic Science > Embryology

Customer Reviews

A wonderfully informative book on the many causes of hair loss, clarifying myths surrounding the condition and giving great tips on how to prevent future hair loss. Affleck has researched his subject extremely well balancing medical treatments with a range of proven natural remedies. Good value packed with information â highly recommended.

Yes yes yes yes. Unfortunately, am starting to lose my hair a bit at the front. Nothing major but when I went to the barber they commented on it (yes he was a cheaper 8\$ Asian barber so etiquette isn't always present). In any case, I'm excited to try these tips out and hope they can help stem my loss and even bring some back. Didn't think all the solutions were practical hence taking away one

star but can always change if they are!

I know this is a subject a lot of my older friends are worried about and not many of them are comfortable with talking about it or seeking advice openly, so that's why I just make sure they get their hands on this book so that they don't have anything to worry about. A lot of advice in this area is complicated or requires you to purchase a billion different potions and powders and stuff but this guide is just very straight forward and comprehensive and covers a lot of different issues with hair loss because it's different for everyone experiencing it. If you're even remotely worried about hair loss, pick up this book.

The author provides a very thorough guide to help in various ways regarding prevention, reversing beginning levels of hair loss and then extends into more advanced options for pattern baldness. I received a lot of information that I didn't know about hair loss and it was a great help.

I found this book easy to read, informative and a fantastic, comprehensive view of all that encompasses hair loss, potential prevention and treatment options. Whatever situation you might find yourself in with regard to hair loss, this book contains information that is practical and useful - you can't read it without taking away some fantastic tips and advice on how to deal with this problem. It is encouraging to see hair loss being confronted openly, without embarrassment.

Very informative and well written. This helped me understand why my hair was falling out and what kind of treatment options are available. After reading this book, I see some hope that I can prevent further hair loss.

I found this book easy to read and informative. Whatever situation you might find yourself, this books contains practical treatments for different kinds of hair loss.

[Download to continue reading...](#)

Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) Hair: Hair Loss: Learn About Hair Loss Prevention Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss Treatment, Regrow ... Loss Treatment for Woman, Hair Loss Cure) Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair

Regrowth, Self Help) The Comprehensive Hair Loss Guide: Hair Loss Treatment and Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss Treatment for Men, Hair Loss ... Loss Remedies, Hair Loss Cure, Alopecia) Hair Loss Cure: Everything You Need to Know About Hair Loss, Hair Loss Prevention, Hair Re-growth and Hair Loss Treatments (Hairloss treatment) Hair Loss and the Big Pharma - The Ultimate Guide on Avoiding Frauds, Disinformation and Bad Medicine (Hair Loss Cure, Hair Loss Nutrition, Hair Loss Solutions, Hair Loss Alopecia, Alopecia Areata) The Ayurveda Hair Loss Cure: Preventing Hair Loss and Reversing Healthy Hair Growth For Life Through Proven Ayurvedic Remedies (Ayurveda Medicine, Hair ... Diet, Hair Loss Diet, Hair Loss Solutions) Hair Loss: How it Happens and How to Fix It (Hair Loss, beauty and fashion, hair, loss, aging parents, hair growth, healthy hair) How to Cure Baldness and Prevent Male Hair Loss (Mens Hair Loss, Propecia, Minoxidil, Receding Hair Line, Hair Regrowth, male pattern baldness, mens hair) Hair Loss Solutions: Understand, Prevent and Regrow your Hair-Keep Yourself Looking Younger for Longer(Hair Loss Treatment and Prevention) Hair Loss Solutions: Causes, Prevention and Treatments The Hair Loss Handbook: A Guide to the Causes and Treatments of Hair Loss The Men's Hair Book: A Male's Guide To Hair Care, Hair Styles, Hair Grooming, Hair Products and Rocking It All Without The Baloney Hair Loss: The Ultimate Resource of Tried and Tested Solutions for Hair Loss and the Maintenance of Healthy Hair Hair Loss Cure: How to Prevent Hair Loss. Discover the Top Hair Loss Treatment that Will Save You from Eternal Baldness! NATURAL HAIR SCALP REGENERATION - STOP hair loss and regrow hair very FAST GUARANTEED: YOUR LAST CHANCE TO REGROW YOUR HAIR NATURALLY Hair Loss Cure: Spanish Version - "Curaci3n De La P3rdida Del Cabello": Para La Ca3-da Del Cabello , el Revolucionario Loss Prevention, El Tratamiento ... (hair loss cure spanish) (Spanish Edition) How To Stop Hair Loss Naturally: Learn various ways to stop your hair loss and regrow your hair without the use of expensive and harmful drugs Back On Track - Fighting Hair Loss At Home, How To Prevent And Cure Hair Loss Using Home Remedies, Grow Your Hair Thicker Naturally! Hair Loss Cure: A Revolutionary Hair Loss Treatment You Can Use at Home to Grow Your Hair Back

[Dmca](#)